

## CONVERSACIONES

### CON

# LO NATURAL

Ana

Matey Marañón

# CONVERSATIONS

WITH

THE NATURAL

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#### SUMMARY

The project reflects on how to achieve the balance between the natural and the artificial. The approach to this problem is through the action of walking, understood as aesthetic, symbolic, poetic, philosophical, political and social practice. In this way the work is constituted of physical and mental paths; a conceptual map that is constructed with each step understood as a brushstroke of the work. After years of traveling and living in large cities exploring how the time and space is built there affects our way of relating. In 2012, I felt the need for change and decided to link my life and my work to the natural environment, to its observation, experience and study, looking for a new way of knowledge and way of being in the world. Performing simple actions that minimise our impact on the Earth and trying to make my ecological footprint as little as possible. The action of walking (CAMINAR), collecting (RECOLECTAR) and displacing (DESPLAZAR), are the basis of my artistic practice, which become pieces of video, photography and illustrations. Throughout these eight years, the work has evolved along with my own life processes influenced thanks to the close relationship with nature. My work has also been affected by the social events linked to the various crises (migratory and ecological), as well as by the discoveries that arise from my readings (especially from the neurobiologist Stefano Mancuso). My intention is not to give solutions to these complex problems, but to build a place (space, action...) to reflect on them.

#### "CONVERSATIONS WITH THE NATURAL" AUTHOR: ANA MATEY MARAÑÓN

What is natural? How do we relate to it? Do we understand the natural in ourselves? Where is the artificial born? What would one be without the other? Can the artificial stand without the natural? What do we want the world to become? What are we turning him into? What new ways of living do you think of? Can the social change from the individual? How can we inhabit the world without destroying it? Are we self-destructive?

#### What is natural?

This is a very complex question to answer. But I would like to approach her in a simple way. The natural is intrinsic to life. The natural encompasses everything alive without fragmentation. Nature is all that is there outside of us and also inside; it is what gives us life and also thanks to what we have built human civilization, which is the artificial. Everything we know and have is due to the nature: I speak specifically of the plant world, from which medicine, architecture or fossil energies are born ... and first of all, without what we could not live, the air. Whether by its function, observation or matter itself, without nature we could not live - neither it could live without us.

That being so, how is it that a large part of human societies base their relationship with it on destruction and exploitation? Are we, therefore, selfdestructive beings? Is greed, craving for power and exacerbated materialism, indeed, more important than harmony, altruism, cooperation and common welfare? What do we want the world to become? **Noam Chomsky** tells us:"**If the world is still sustainable it is thanks to those humans who still live in harmony with nature**". That is, they live in symbiosis with it instead of exploiting it, an act that makes it sterile. Today we are in the midst of an environmental crisis, a cry that was born a long time ago and accelerated with the industrial revolution. So now I ask myself: how to strike a balance between the natural and the artificial?

My work consists of physical and mental journeys; of traveling and living in large cities exploring how the time and space we build in them affects us in our way of relating. In 2012, I felt the need for change and decided to connect my life and my work with the natural environment, observing it, living it and studying it, looking for a new way of knowledge and way of being in the world and trying to make my ecological footprint as little as possible. Thanks to different scholarships with residency projects in places such as Finland, Norway and Spain, I have had an opportunity to research in this line and create this project "**Conversations with the Natural**".

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This action is the central axis of the whole work, together with the actions of *collecting* and *displacing*.

To walk is to tread ... to leave a mark which creates an absence while eroding.

Absence and erosion both actions that we leave in our path in the world, how and how much do we want to erode the places we inhabit?

The action of *walking* is the engine of my creative process. *Walking* as a social, physical, poetic, meditative, contemplative, philosophical and political act. *Walking* like a repulse at this frenetic pace to which we are subjected in the big cities. *Walk* and observe what we have in front and around; a reality that we abandon for virtual reality. *Walking* is to meet anyone and even with oneself, it is to know the other directly without the social network, without screen framing.

*To walk* is to forget the constant daily chores. *Walking* connects us with the most basic, with our body and the earth we walk on. *Walking* makes us " be " in that specific time and place.

The action of *collecting* to obtain the material with which to build the work. *Collect* as a social, environmental, poetic and political act. *Collect* as repulse to the frenetic pace of material consumption. *Collecting* is minimizing the human footprint, minimizing the impact of the residual. *Collecting* is a practice that empties you of need. *Collect* and create with what has been found. *Collecting* makes us alert, observe and attend to what is there.

DESPLAZAR

Linked to *displacing*, a series of actions arises in which I state questions about identity (the local versus the global...the construction of the **glocal**?) and migratory movements through displacements of natural elements. Moving a Spanish stone to Norway, a Norwegian branch to Spain, a block of ice from Spain to Canada, are some of the movemetns made. The action of *displacing* as an act that builds the work. *Displacement* as a social, physical, poetic and political act. To *displace* is to create a physical and mental journey. *Displacing* subverts the idea of belonging. *Displace* ideas. *Displace* the rest. *Displace*. RECOLECTAR

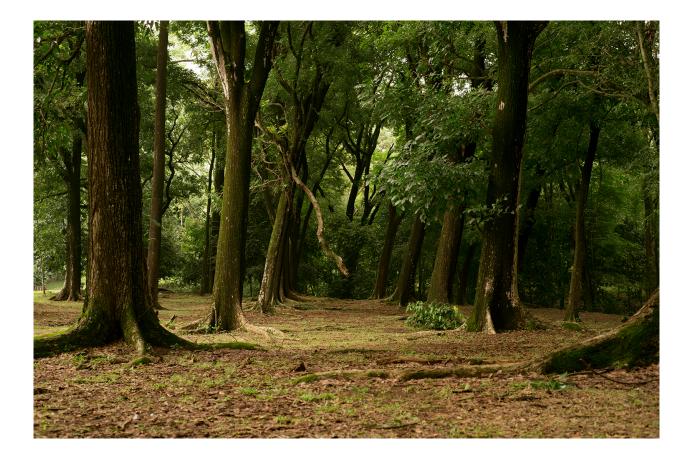
Photographic work and video that investigate the human-nature relationship, through the relationship body and rest. How to achieve a new symbiosis?

Center.

#### "CONVERSACIONES CON LO NATURAL"

#### "CONVERSATIONS WITH THE NATURAL"

The presented series has been made thanks to the two grants - one provided by the CACIS Art and Sustainability Center, and another by the La Regenta Art





"Conversaciones con lo natural" Indonesia. 2017

FICHA TÉCNICA Fine Art Paper. Mineral Pigments. Dimensions 70x200 cm (70x100cm each) Ed 7





"Conversaciones con lo natural" Indonesia. 2017

FICHA TÉCNICA Fine Art Paper. Mineral Pigments. Dimensions 70x200 cm (70x100cm each) Ed 7

"Conversaciones contra lo natural" El Moiarés. 2019

FICHA TÉCNICA Fine Art Paper. Mineral Pigments. Dimensions 70x100 cm Ed 7





"Conversaciones con lo natural" El Moiarés. 2019

FICHA TÉCNICA Hahnemüle Paper 300gr. Mineral Pigments. Dimensions 70x100 cm Ed 7



Las Palmas. Residencia Centro Arte La Regenta. 2019

FICHA TÉCNICA Fine Art Paper. Mineral Pigments. Dimensions 70x100 cm Ed 7

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#### Ana Matey Marañón

Madrid, 1978 online.

C Ana Matey Marañón

#### BIOGRAPHY

Visual artist, performer and researcher.

Her work moves between the field of visual arts, performance, action, butch dance and in recent years explores the sound world in his pieces. In recent years her work revolves around the human-nature relationship, questioning the possibility of a new symbiosis, as well as another way of knowledge and way of being in the world.

Her work has been shown in museums, galleries, theaters and independent spaces almost throughout Spain, Europe in Italy, Portugal, France, England, Ireland, Germany, Poland, Hungary, Holland, Bosnia, Croatia, Norway and Finland; outside Europe in Mexico, Dominican Republic, Canada, Morocco, Indonesia and Japan. In places like the Guggenheim Museum in Bilbao, FADO Art Center in Canada, Reina Sofia Museum in Madrid, Sesama Gallery in Yogyakarta, San Marcos Church in Venice, Cervantes Institute in Berlin, Museum of Modern Art in Tetouan, Universum Theater in Helsinki, etc. Since 2006, she has been working in parallel with creation in the field of dynamization, training and research. Co-founder of ElCarromato (2006/10) collective of photographers and multidisciplinary space. ARTóN (2009/14) dedicated to action art, MATSUcreación (2012/2018) Arte y Naturaleza and EXCHANGE Live Art (2012/Actual) together with the artist Isabel León, a research and collective creation project. Since 2001she has been giving creation workshops linked to performance, photography and video. Regularly participates in round tables, conferences and presentations.

She has received numerous scholarships to highlight Kulturpalast Wedding Int. in Germany (2010), the Norwegian Embassy in Spain (2012), the Kone Foundation in Finland (2014), José Guerrero Art Center in Granada (2017), CACIS Contemporary Art and Sustainability Center in Catalonia (2019), La Regenta Art Center in Las Palmas (2019) and the latest in Valdelarte Environmental Contemporary Art Center in Huelva (2020). Her works are published in magazines, books, newspapers, catalogues, both printed and